

Welcome

- Welcome
- How to Use This Module
- Definitions

Intake Forms

- Intake Form

Pre-Module Assessment

- Pre-Module Assessment

Tribal Resilience

- Defining Resilience
- Identifying Kinship
- Community Strength

Personal Triggers

- Personal Triggers and Trauma
- Personal Triggers
- Self-Awareness Techniques

Communication

- Traditional Communication
- Active Listening
- Digital Spaces

Storytelling

- Understanding Storytelling
- Personal Narratives
- Advocate for Community Issues
- Narrative Outline

Empowerment

- Pillars of Community
- Mutual Aid

Advocacy Skills

- Understanding Policy
- Persuasive Communication
- Building Alliances

Cultural Practices

- Ceremonies

Action Planning

- Resilience Plan
- Support Networks

Resources

- Resources

Sources

- Sources

Post-Module Assessment

- Post-Module Assessment

Final Exam

- Final Exam

Survey

- Feedback on This Module

Completion

- Completion